

Entrevista a Albert Gozlan: Qué es el Amor?

What is your description of Love?

- To begin with I do not have an opinion. I have Zero opinions because I did not create man or woman and the only one that can speak of how man & woman is created to love is the Creator.
 - The only thing that I can transmit is the knowledge that the Creator has given us of how we have been created to love.
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From the Kabbalistic perspective, what is Love?

- First, I must establish the premise, because if we do not have the foundation, we cannot erect the building.
- The foundation is in a prayer called the Shema.
 - שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד.
 - בָּרוּךְ שֵׁם כְּבוֹד מְלָכוּתוֹ לְעוֹלָם וָעֶד
 - וְאַהֲבָתְךָ אֶת יְהוָה אֱלֹהֶיךָ בְּכָל־לִבְּךָ וּבְכָל־נַפְשְׁךָ וּבְכָל־מְאֹדְךָ
 - וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנִי מְצַוְךָ הַיּוֹם עַל־לִבְּךָ.
 - וְשָׁנַנְתָּם לְבָנֶיךָ וְדַבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלִכְתְּךָ בְּדַרְוֶךָ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ.
 - וְקִשְׁרָתָם לְאוֹת עַל־יָדְךָ וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ.
 - וְכַתְּבָתָם עַל־מְזוּזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ.
 - [link](#)
 - You shall love your G-D
 - With all your heart
 - With all of your liver
 - And With all of your brain.

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- The question is: what does love have to do with your heart, your liver, and your brain?
 - בְּכָל־לֵבְבְּךָ (with all your Heart (Lev))
 - וּבְכָל־נֶפֶשְׁךָ (Nefesh is in the liver)
 - וּבְכָל־מְאֹדְךָ (with all of your Strength, which is in the brain)
- So to start, Love is connected to the heart, the liver, and the brain.
 - One would say: “I never heard of such a thing”
 - Well we have a commandment from our Creator to love Him in that manner.
 - At this moment, I need to understand how to love Him in this manner.
 - And for this, He needs to teach me how to love Him in this manner.
 - And, to begin with, for me to be able to love Him in this manner, He tells me to activate my heart, activate my liver, and activate my brain. And I am perplexed and do not understand anything.
 - But now, Quantum Physics begins to demonstrate that:
 - The heart has impressive magnetism
 - The Brain has impressive electricity (there is the electromagnetism that Einstein sought so eagerly)
 - The Liver has, according to the Kabbalah, has all of the force of attraction, all of the gravitational pull of the earth. In other words, what materializes a sentiment
 - Gravity is what draws it down.
 - So I need the electromagnetism and the (force of attraction) gravity that will push it down into the Earth.
 - So we are talking about an electromagnetic energy.
 - What is Love? It is an electromagnetic energy and our Creator wants us to love Him in this manner.
 - So then I go to the (the written texts):

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- The Chumash (Torah)
- The Nevi'im (Prophets)
- The Ketuvim (writings)
- In the Ketuvim there is a chapter called Chronicles. And there, H-Shem talks to King Solomon, a man who is the wisest of all of the wise.
 - And he tells him: Da'at Elo-h-y, love your G-D, and adore Him. (unclear: but I think he says "He doesn't say the G-d of your fathers.") And here we have, again, the definition for love.
 - We have to love the G-d of our parents. So how did our parents love G-d?
 - They loved Him with their hearts, their liver, and their brains
 - And I am now in a tremendous unknowing. I don't know what that is.

So how do you love from your heart, your soul, and your liver? How does it feel? How do you do it?

- That's exactly how I began this journey. I didn't know anything! You are standing before a nut. There is something marvelous inside its shell, but we have a shell. We have to crack the shell open. If you wish, we can break the shell.
- Humanity doesn't know this.
- The Creator has given us a universe that is composed of
 - twelve zodiac signs
 - Seven planets
 - Three Elements: Fire, Water, Air
 - And all of the above are captured in the 22 letters of the Hebrew alphabet
 - 12 simple letters
 - 7 double letters
 - 3 Mother letters called Emesh - these three letters represent all of the universal forces

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- **E (Air)**
- **M (Water)**
- **Esh (Fire)**

- **It tells us that we need to utilize these three letters, charge them with energy, and pass them through the heart, liver, and brain.**
- **Now we ask why we need to do the Kabbalistic meditations? Because these letters are recipients of Divine Thoughts**
- **And suddenly, I understand that the letters also have crowns**
- **If you open a Sefer Torah, the original Bible, we see that the letters have crowns over each letter.**
- **The crowns are linked to the Divine Soul and the letters to the body.**
- **The body of the letter is what has to do with the physical world but the crown has to do with the metaphysical world.**
- **And since the letters have crowns, that is to say soul and body are joined together,**
- **then I can love only if I understand how G-D loves me and how I able to love Him**
 - **First I have to “charge (energize)” myself with His love**
 - **And when I am full charged with this electromagnetism with gravity (force of attraction), then my heart, my liver, and my brain will explode with this energy of love, and I do it by meditating the Hebrew Letters in my heart, brain & liver, suddenly I am charged with an emotion called the Love from HaKadosh Baruj Hu, our Creator.**
 - **Once I am charged, then I can begin to share**
 - **And I now understand that this electromagnetic charge and gravity is intelligent and carries with it:**
 - **Mercy**
 - **Compassion**

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- Generosity
- & piety (*reverence, great respect, endearing love that is consecrated to parents and venerated objects*) of your own soul (SP: piedad)
- A person that doesn't have great respect for their own soul cannot have great respect for another.
- So first I need to Love HaKadosh Baruch Ju, energize myself with His Energy, have reverence (respect) for my soul
- If one day I have a conflict with another, since I already understand piety, I can have this towards another. But if I do not know piety, I will not be able to regard others with piety (reverence, great respect, or endearing love).

What is piety

- Piety is an energy of compassion & mercy that you have for your own SELF.
- And you can only feel this piety, only once you have charged (energized) yourself with the names of G-D in the manner that I teach you, meditating upon them in the heart, brain, and liver, as I teach this at KabbalahMashiah.com. Otherwise, you will not truly understand the meaning of piety (piedad)
- Today, of every ten marriages, eight result in divorce. Do you know why? Because they do not know Piety.
- They don't have piety for themselves or for their spouse. And this ends badly.
- Love is something between three: The woman, the man, and the Creator
 - If I remove one parameter of these three, the marriage fails
 - If I don't interfere with the electromagnetism with gravity from Heaven, if G-D isn't in the middle of the marriage, the wife is fire and the husband is fire.
 - The Kabbalah illustrates this because if you remove the Divine Expression (the י & the ה) you have fire vs. fire (שא)
 - man = איש
 - Woman = אשה

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- **The man and the woman will never understand each other without the “superglue” of HaKadosh Baruch Hu**
- **Without HaKadosh Baruch Hu between Man & Woman, there will never be harmony between husband & wife.**
- **The Creator is the superglue**
- **If you don’t fill yourself with the energy of the Creator, Divorce results**
- **There are those that are divorced and others that are “resigned”**
- **Love is not from man**
- **Love is from the Creator**
- **Love is channeled by the Human Being**
- **If I love you, it is not I that loves you, it is the Creator that Loves you through me.**
- **If you love me, it is not you that loves me, it is the Creator that Loves me through you.**
- **Then it functions, because we are all channels.**
- **If this channeling isn’t present, it’s not love. It’s**
 - **Obsession**
 - **Possession**
 - **Sexual desire**
 - **Physical attraction**
 - **But it’s not love. There is no mercy, compassion, generosity, or piety. This is not love. It’s something else.**
- **Another thing that leads to divorce.**
 - **If you don’t study the Kabbalah and learn to do the meditations to learn to receive Divine Love in order to channel Divine Love**
- **I once asked the Creator: Can you love me the way I love my children? His answer was that I am not the one that loves my children. It is HaKadosh Baruj Hu that loves my children through me. And He shut my mouth.**

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- **Why? Because we are channels of His Divine Essence. Don't forget this. We are made from His own Essence.**
- **To think that a person loves? A person does not love. A person channels love.**
- **If a person does not channel love, the person is channeling something else that is not recommended.**

What is a twin soul? How do twin souls recognize each other?

- **It's the same as with the theme of love**
- **I need to give you the foundation first.**
- **Every human being has the Creator as his Twin Soul. We are all His Twin Soul.**
- **The reason you don't find your Twin Soul in the Creator his because you have not studied it, you have not meditated with His Names in the brain, heart, liver,**
- **By reflection, you will not find your Twin Soul in the opposite sex.**
- **Because finding your Twin Soul in the opposite sex is a reflection of finding your Twin Soul in the Creator.**
- **Twin Souls appear when there is a Spiritual Mission**
- **In both senses: I need to contribute something to her and she needs to contribute something to me.**
- **In realty, when we are charged (energized) with the Twin Soul of the Creator, we love everybody without exception.**
- **Q: So everybody is your Twin Flame? A: Everybody**
- **He told a story of a yeshiva student that asked his teacher to help him find a wife. He rejected everyone to which he was introduced. At the end of the list (42 women) he asked his teacher if any of the ones that he was introduced was his Twin Flame and he was told that the 2nd one he met was his twin flame but that he did not detect it because he did not love. At the end, he remained alone.**
- **You first have to learn to love, in order to detect the Holy Spark in the other**

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- **But before deciding who to marry, once I have connected to the Creator, I will speak with her and all of a sudden I will see that she has certain virtues that I do not have and that I have certain virtues that she does not have and that we complement each other perfectly.**
- **And then love is born, which is a channeling of Divine Love.**
- **There is magnetism (the heart), electricity (mental), and gravity (attraction) (liver). It's there all at once.**
- **Q: How does it feel? A: It's an attraction that you cannot remedy**
- **A friendship between two is an Angel that is nourished by the friendship**
- **A friendship between a teacher & a student is an Angel that is nourished by this relationship of teacher and student.**
- **A love between husband & wife or boyfriend & girlfriend is an Angel that is nourished by this love.**
- **If there has been a connection like the one that I just explained, an Angel has been created and we are nourishing it. And each time it gets bigger. That is what causes the love to be maintained, because he lives and is nourished by this ingredient called love. Electromagnetism and gravity (density), but based on compassion, piety, and mercy. When you have these three elements, one doesn't live for himself/herself. He/she lives for the other. Then divorce doesn't exist. There's no discussion. Nothing exists besides peace.**
- **Q: And what happens to the sexuality? Is there a difference in the sexuality between Twin Souls and those that are not Twin Souls? A: There is a Law that the Arizal recounts to us about this. There are three ways to get close to a girlfriend or boyfriend. Three ways:**
 - **Sex - If this is the attraction, they will not match socially or spiritually**
 - **Convenience - If you're seeking social convenience they will not match sexually or spiritually**
 - **Or by complementing each other Spiritually - If you seek a spiritual partner, you will match spiritually, socially, and sexually.**

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- For two people of the opposite sex to understand each other, the basis must begin with a spiritual connection. Then the remainder will then begin to coincide.
- Q: How can you explain a spiritual connection? A: First of all, the matches are the business of the Creator. And not the work of humans. Who has organized the meeting between a man & a woman? It has been coordinated by a merit. You have to deserve it.
 - One has to deserve an encounter with his/her Twin Soul
 - And for that, there is a huge series that need to be covered to earn the merit to meet your twin soul in your life.
 - First you need to earn the Creator as your Twin Soul, and the G-D will send you your Twin Soul, even if you're at the opposite poles of the world.
 - When you have gained this, there's no specific explanation, but one has to earn it.
 - It's very technical
 - Study the Secrets of Heaven
 - Read Shir HaShirim 40 times
 - Recite Tikkun Ha Klali - <https://ruthieguten.com/tikkun-klali/> every day
 - Seek the Creator
 - Meditate with the Names of H-Shem
 - When you have done all of the above, H-Shem will take pity on you, and begins to avert His abundance in your heart and that abundance generates a frequency that attracts, in waves (and we don't know what are these waves of love like), attracts your Twin Soul
 - The Kabbalah tells you that the best form of happiness that can happen to an individual is to find his/her Twin Soul
 - And the worst form of unhappiness is to not find him/her because if you are with your Twin Flame, you can triumph over the obstacles in life.
 - If you're not with your Twin Flame, you will not be able to triumph over them because you are lacking the complementary strength found in your Twin Flame.

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- The theme of religion is separate from the Laws of Cause and Effect between the Secrets of Heaven and the Earth
- So if I find a woman, and she is spiritual, and I speak to her of the Secrets of Heaven and she understands them, we are above all of the religions.
- Because Judaism is not a religion. It's a wisdom of cause and effect.
- So if she says, I just understood the Laws of Heaven, she will then want to include HaKadosh Baruj Hu in their relationship. In which case, she will adapt to the Laws of Heaven
- On the social issue, she will be Jewish, of course.
- But on the purely physical issue, they are laws of cause and effect that don't have religion or etiquette.
- The Laws of Cause & Effect between Heaven & Earth are like the Laws of electricity, they don't have etiquette.
- The Truth is The Truth
- How do we know the Truth is the Truth, because it works.
- If it doesn't work, it's not True.
- Q: And how does it work? A: Because it works. Because there is harmony every day of your life.
- Q: And you have harmony every day of your life? A: Of course! And if there is no harmony, I invoke the Creator and He creates harmony. He is the Super Glue.
- Have you seen that in a Jewish wedding ceremony there is a Huppah? It's like a fabric roof? Do you know what it means? She responds: It represents G-D.
- You cannot have man & woman without including the Creator in the manner that the Torah requires Him to be included (with the heart, brain, & liver). Unless He is included in that manner, there is no Huppah and the marriage will not function and will end in divorce.
- But the Huppah is a symbol that represents that you will integrate Him in your marriage.

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- If you remove Him from your life, He will remove you from your partner.
- I don't judge and I don't opine & I don't meddle in the lives of others.
- I add light
- If you are unhappy because you lack love, I will teach you how to magnetize your heart, electrify your brain, and put gravity (attraction) in your liver
- I will teach you how to draw down mercy, piety, and generosity and compassion.
- When you have that inside of you, the Man of your life will appear.
- I add light. I don't judge the past. It doesn't interest me.
- But you know what happens? The same as when you love G-D, He pours you blessings of love, when you judge someone, he judges you.
- I don't want to judge so that I won't be judged.
- I will not judge. But I can add light.
- I can help you get your Twin Soul
- I can teach you how to open a door in your self, and through there the Divine Light enters, and you begin to channel Love, and you put yourself in the frequency of the man who will make you happy.
- I can do that and it's a future.
- The past I do not judge.
- It's possible that you had to go through those experiences to suffer what you have suffered so that today you could be seated in front of me so that I could share these words.
- Host: I want to feel that I can Love somebody in the way that you describe it.
Response: First you have to Love the Creator. Love is what I just explained. Until you love the Creator, (shakes his head) the channel doesn't open.
- Until you don't receive the energy of compassion and pity for your own soul, you will not be able to find True Love. And maybe you had to listen to these words so that you would make the effort to find the Love of HaKadosh BaruchHu.

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- It's a Love unlike what the the people think is love.
- The word אהבה (love) has the same structured as (? Sounds like E-Hi-Ye) which is the name of G-D. (25:10) The same structure.
- He is the only One that can fill your heart with Love so that you can transfer it to another or for someone else to transfer it to you.
- Until that connection doesn't exist between you and your twin Soul (which is between you and G-D), you will not be able to Truly Love or be Truly Loved.
- Because just by saying that you want to be alone, that's already not the Love of G-D.
- The one that has the Love of G-D does not want to be alone.
- I'm going to give you an example of what is Love
- Q: Have you been a mother? Are you a mom? Have you breast-fed a baby? Do you know how it is painful when you have a surge of milk in your chest right after you deliver a baby? Do you know how painful it can be to be engorged and the baby does not feed? Well, the Love of G-d is like that. It's not that there is a surge of milk, there is a surge of Love, if you don't share it (release it) you feel as though you will burst.
- Host: That goes and come? The connection comes and goes? Response: No. You're breast-feeding without stopping. It's like the nursemaids who nurse babies when they have an excess of milk.
- When you are full of Divine Love, you cannot be alone. You must continue giving and giving. But not to give just anything, heh? Give of that ingredient that has filled you.
- It's like a surge of milk.
- And it's too strong.
- Because the Mom that has the surge of milk wants to feed more than the baby wants to suckle.
- That is the Divine force
- You are bursting to find Love because you are bursting with Divine Love

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- **Until you understand that....someday you will understand this**
- **Look. There is something called experience (he uses the word for experimentation)**
- **I believe that one cannot explain the Creator. One needs to experience Him.**
- **Love also cannot be explained. It must be experienced.**
- **The Love of a mother suckling her baby cannot be explained. It must be experienced.**
- **I believe that a man cannot understand what it is like to birth a baby. One must be a woman to know what that is.**
- **There are things that cannot be explained in a rational manner - they need to be experienced.**
- **Divine Love cannot be explained. It must be experienced.**
- **I can only provide the highway to be able to experience it.**
- **But I cannot explain it to you.**
- **And do not attempt to explain that with which cannot be explained by the left brain.**
- **Only with the right brain, which is your intuition, can you experience it.**
- **But you won't be able to explain it to a third party.**